

N & D Summer Open Meet 2022

BOYS QUALIFYING TIMES (LONG COURSE) age as 31 st Dec 2022				
Event	14years & under		15+ years	
	LC	SC	LC	SC
50m Freestyle	33.00	32.40	27.00	26.20
100m Freestyle	1.10.00	1:08.00	58.00	56.50
200m Freestyle	2.36.00	2:33.80	2.10.00	2:07.30
400m Freestyle	5.35.00	5:30.80	4.44.00	4:39.00
800m Freestyle	10.30.00	10:20.80	9.57.00	9:47.20
1500m Freestyle	19.25.00		18.30.00	
50m Backstroke	35.00	34.40	32.00	31.40
100m Backstroke	1.17.00	1:15.90	1.09.00	1:07.80
200m Backstroke	2.46.00	2:43.90	2.30.00	2:27.70
50m Breaststroke	40.00	39.20	35.50	34.60
100m Breaststroke	1.34.00	1:32.60	1.17.00	1:15.30
200m Breaststroke	3.25.00	3:22.40	2.53.00	2:49.90
50m Butterfly	35.00	34.50	31.00	30.40
100m Butterfly	1.20.00	1:19.00	1.06.50	1:05.30
200m Butterfly	2.55.00	2:53.20	2.38.00	2:36.00
200m Individual Medley	2.50.00	2:47.70	2.28.00	2:25.30
400m Individual Medley	5.55.00	5:50.00	5.26.00	5:20.60

GIRLS QUALIFYING TIMES (LONG COURSE) age as 31 st Dec 2022				
Event	14 years & under		15+ years	
	LC	SC	LC	SC
50m Freestyle	31.00	30.30	29.00	28.30
100m Freestyle	1:08.00	1:06.80	1:03.00	1:01.70
200m Freestyle	2:26.50	2:24.10	2:17.50	2:15.00
400m Freestyle	5:10.00	5:05.40	4:55.00	4:50.20
800m Freestyle	11:00.00	10:51.20	10:10.00	10:00.40
1500m Freestyle	20:30.00		20:05.00	
50m Backstroke	35.50	34.90	32.50	31.90
100m Backstroke	1:17.00	1:15.90	1:11.00	1:09.80
200m Backstroke	2:43.00	2:40.90	2:36.50	2:34.30
50m Breaststroke	40.00	39.20	38.00	37.20
100m Breaststroke	1:27.00	1:25.50	1:22.00	1:20.40
200m Breaststroke	3:07.00	3:04.20	3:01.00	2:58.10
50m Butterfly	33.50	32.90	32.00	31.40
100m Butterfly	1:17.00	1:16.00	1:11.00	1:09.90
200m Butterfly	2:45.00	2:43.10	2:37.00	2:35.00
200m Individual Medley	2:44.00	2:41.60	2:36.00	2:33.50
400m Individual Medley	5:58.00	5:53.10	5:35.00	5:29.70