**Competitive 1**

**Entry Criteria**

**• Regular attendance in SD2**

**• Typically aged 8-10 (Girls) 8-11 (Boys)**

**• Show a positive attitude to training, competition**

**• Demonstrate a strong willingness to listen & learn during training sessions​**

**• Be a member of or willing to compete for Morpeth ASC Junior League Team (age dependent)​**

**• Able to follow sets and use the pace clock effectively​**

**• Completion of Swim England Club Award 1 & 2​**

**• Ability to cope with the training required. Test Set Data will be used a guideline to progression​**

**• Head coach discretion based on training ability and long-term competitive potential**

**Commitment Criteria**

**• Minimum attendance at training 75% - 3 out of 4 sessions weekly​**

**• Enter and attend a minimum of 3 Licensed competitions over the season (September – July) as directed by the Head Coach​**

**• Attend Morpeth ASC Club Championships and Time Trial events as directed by the Head Coach​**

**• Show a positive attitude towards training and competitions and demonstrate the ability to take on and use feedback​**

**• Be a team player - represent Morpeth in ALL TEAM EVENTS when selected**

**• Arrive on time for sessions, this includes time to complete pre pool work & post pool when directed**

**• Arrive with correct equipment at ALL sessions (see equipment list)**

**Exit Criteria**

**Swimmers who are able to maintain the listed commitment criteria or train at the required standard can be moved to the following squads:​**

**• Competitive 2​**

**Swimmers who are unable to maintain the listed commitment criteria or train at the required standard can be moved to the following squads:​**

**• Skill Development 2**